

PACIFIC STAR TIME

Celebrity fit club, deli-cious L.A. and soft, scented and stuffed! **Starring Susie Wall**



Stuffed animal sleepover for Paltrow's baby girl, Apple Martin.

CLOUD B

Dig the idea of your teensy tot slumbering to the same soothing sounds as Moses Martin and Suri Cruise? No, we're not talking about a new Coldplay lullaby or a Scientology prayer (easy, Tom, we didn't say there was anything wrong with that). Cloud B's award-winning Sleep Sheep, Twilight Turtle and Lavender Lab have got Hollywood's half-pints jonesing to put on their bunny-box onesies and hit the hay. The ultra-soft Sheep fastens to the outside of the crib and emits the sounds of a mother's heart-beat as well as glam-natural spring showers, whale songs and the ocean's surf (Malibu beach babes, this one's for you); the Lavender Lab is a plush golden pooch filled with organic California lavender whose aroma-therapeutic properties help relax even the most fussy of high-profile peanuts; and the Twilight Turtle's shell sprays a multicoloured starry skyline onto nursery walls for a custom-made planetarium vibe. And yes, all you yummy moms—**Gwyneth Paltrow**, **Katie Holmes** and **Angelina Jolie**—have the line, which also includes blankets and wraps (Chris, Tom and Brad sleep assistants not available). www.cloudb.com.



THE BODY NOBLE

Searching for a sizzling hot trainer-to-the-stars without the action-hero price tag? Uh, good luck with that. Next best thing? Read his bestselling book and D.I.Y. your way to Giselle's abs and Naomi's legs (no kickboxing your frenemies now, girls). Follow the lifestyle, nutrition and training steps in Derek Noble's new book, *The Body Noble: 20 Minutes to a Hot Body*, and you might just morph into **Jessica Alba**, lickety-split. Breathing and visualization methods combine with body-type profiling and relaxation exercises so you can tone and trim like Noble clients **John McEnroe**, **Michael J. Fox** and



Trainer to the stars Derek Noble.

Maria Shriver. Some of Hollywood's more high-profile whip-crackers actually come with their own entourages. Mega-egos? Check. Text messaging during client workouts? Check. Matching white Escalades for their fleet of personal assistants? You get the idea. BTW, Derek? Hold on to those prayer beads—we'll need 'em on Day 1. www.bodynoble.com, genuinehealth.com

JERRY'S FAMOUS DELI

On your next trip to the land of lapdogs and Botox brunches, skip the Star Map tour (unless Lucille Ball's old house is really a priority) and try a celebrity's definition of hangout heaven. Jerry's Famous Deli is an institution in La La Land (its Studio City eatery is a script's toss from the Universal and Warner Bros. lots) and a magnet for bold-faced names. **Cameron Diaz**, **Lindsay Lohan**, **Evangeline Lilly**, **Courtney Cox** and **Slash** from Velvet Revolver have all stopped by in the past few weeks, not to mention some heavy hitters, including **Tom Cruise** and **Leo DiCaprio**, on many an occasion. Maybe it's the 600-item comfort-food menu (we recommend the tuna melt, the roast turkey sandwich and the sweet potato fries). P.S. This ain't The Ivy, so leave your 'tude on the coat rack (translation: they won't remove the sesame seeds from your hamburger bun by hand). What do you think this is, L.A.? www.jerrysfamousdeli.com.



Jerry's: Evangeline Lilly's sandwich stop.